# Minutes for Gorham/Westbrook TRIAD Meeting 1/14/11

# Next monthly TRIAD meeting will be Jan. 14th 8:45am at the Westbrook Public Safety Building

Meeting called to order on 12/10/10 @ 8:45 AM by Dave Garthe, co-chair

**Present:** Dave Garthe, Doris Ames, Terri Norton, Mary Vetterline, Nathan Acker, June Scothorne, Arline Leach, Greg De Witt, Fred Morrill, Wally & Sandy Johnson, Fred Collins, Marcie Yager, Nicole Nappi, Ted Hatch, Sara Forgione, Eileen Whynot, Georgia Humphrey

Committee Reports – no reports

## **Old Business:**

### **Cell Phones:**

We are still collecting used cell phones to refurbish into 911 phones. If anyone needs one, please contact Doris Ames, Dave Garthe or Ted Hatch.

## **Snow Shoveling:**

Doris Ames will get in contact with John from the fraternity to get specifics on snow shoveling and call the TRIAD's two contact people with these specifics. Mary Vetterline and Fred Collins will be the contact people for the seniors. Doris will place an ad in the Gorham Times and American Journal with each town's contact name and number. Eileen Whynot will also place this information in the Senior News.

## File of Life:

Sara Forgoine and Nicole Nappi each brought in an example of File for Life. The group voted to use the File that is placed on the outside of the refrigerator. An order will be placed and given to Ted Hatch and Sandy Mailman to distribute among their communities. The TRIAD would like to have a local business sponsor this project in the future.

**Elder Abuse Day:** Hannah Sanders will be doing an interview with Nathan Acker's son on internet radio on Elder Abuse. The interview will be on station WUPH.com, Sunday 12/18 from 8am-10am.

### **T-Shirts:**

Ted Hatch has been working on the design for the TRIAD T-shirts. He will bring in a sample of the logo and colors to choose from for the next meeting. He will also discuss having the print shop design a banner with the TRIAD's logo on it for the Cable stations back drop.

#### **Charter:**

Discussion placed on HOLD

## **Non-Profit:**

Discussion placed on HOLD

## **New Business:**

## **Senior Wellness Day:**

Al Bean from USM came to discuss the option of using the in-door track facility at USM for our Senior Fair. He also talked about a few senior programs that are offered at the university that should be posted on the public cable stations.

- 1. Seniors can walk at the track for free in exchange for volunteering at the front desk.
- 2. Fountain of Youth exercise program. Contact Robin at 780-4000.

The Senior Day subcommittee met after the TRIAD meeting today to begin the planning for the fair. Ted Hatch will contact Al to see if USM is available June 7<sup>th</sup> and book the space if it is.

#### **Public Relations:**

Georgia Humphrey from Gorham Public Cable came to offer the GOCAT's assistance with advertising for the TRIAD. A tour of the GOCAT was given at the end of the meeting. The TRIAD will need to discuss in detail the following ideas for advertising:

- 1. TRIAD ad with pictures of events, TRIAD banner, senior representation, police representation
- 2. Tip of the Month
- 3. Elder Abuse Interview
- 4. Identity Theft Presentation
- 5. Police Safety Tips and call-on session

Officer Brown of Westbrook came in to discuss a Call-in show he held each month called "On the Beat". The TRIAD would like to pursue this with GOCAT. We could use the survey for topics of discussions, have safety dramatizations and have live call-ins. Georgia will look into seeing if GOCAT can do "live" for the Westbrook cable station.

Meeting adjourned @ 9:50

NEXT MEETING: Jan. 14<sup>th</sup> @ 8:45 AM at the Westbrook Public Safety Building

Subcommittee for Senior Wellness Day will meet directly after.